

NOVEMBER 29, 2017

WORKSHOP

# The Leadership Mastery Series

## Course 1

### Self-Reflection and Self-Awareness

#### ABOUT THE COURSE

##### Course 1- Self-Reflection and Self-Awareness

As our work responsibilities increase and the demands on our time become more intense, it's vital that we take time to renew our spirits — reflect on our service to others — reconnect to who we are, and why we do what we do.

Take a deep dive into who you are as a leader. Leadership Mastery: Self-Reflection will provide you with seven weeks of online coaching as you work through activities designed to deepen your sense of purpose, examine your core values and beliefs, and surface your unique strengths and weakness.

As the course progresses you'll audit your most important relationships, the levels of trust you have in others, and how well others trust you, as well as take a hard look at your levels of stress and the state of your self-care practices.

LM: Self-Reflection and Self-Awareness will provide you with practical tools and coaching in order to develop your ability to lead others whether you're responsible for a team, organization, or classroom.

##### Meet Your Instructor

**Pete Reilly is an author, speaker, consultant, and educator who has devoted his professional life to empowering students, teachers, and administrators to fully utilize their unique gifts and talents.**

#### ONLINE COURSE LAYOUT

- Each course in the series contains (7) modules, with each module composed of two hours of reading, video, discussions, and practices. The course represents (15) hours of work, and three virtual (Skype/Zoom) face to face meetings, delivered over a seven week period.

#### EVENT DETAILS

**November 29, 2017**

Online

7 week course

#### SCHEDULE

Week 1	The Importance of "Self"
Week 2	Developing Self-Awareness
Week 3	Values and Beliefs
Week 4	Purpose
Week 5	Trust and Relationships
Week 6	Strengths and Weaknesses
Week 7	Self-Care, Stress, and Overwhelm

#### REGISTER TODAY

**\$199** Included all materials

Register today here:

**[nyscate.org/leadership1](https://nyscate.org/leadership1)**

Learn more at [nyscate.org/conference](https://nyscate.org/conference)



**NYSCATE**  
Innovate. Educate.



8 Airport Blvd.  
Latham, NY 12110



**nyscate.org**  
(800) 479-4830 (PHONE)  
(518) 786-3983 (FAX)